



# The latest news from Total GP Care...

Welcome to the new Total GP Care Newsletter where we will bring you the latest news from the previous quarter, industry updates, special offerings and more.

Since the opening of our Norwood clinic in August 2023, we have been proud to grow swiftly and exponentially, which has allowed us to provide a well-received service to the local community.

Through state-of-the-art facilities, and over 20 experienced General Practitioners with a broad range of interests and skill sets, we have been able to provide timely and superior advice and support to everyone from paediatric to aged care. In addition to providing an exemplary GP service, Total GP Care also has a variety of partners that are based at our Norwood clinic, to make managing your healthcare easier and more convenient. These include:

- Clinpath Pathology
- Mobile Radiology
- Advanced Podiatry
- Adelaide Central
  Physio
- Fresh Nutrition ...and more.

We are also looking to make some exciting improvements to our Prospect clinic, so watch this space!

Thank you for your continued support, we look forward to seeing you in clinic soon.

#### PROSPECT

209 Churchill Rd, Prospect 5082

(08) 8269 1796

<u>Opening hours</u> Monday - Friday: 8:30am-6:00pm Saturday: 8:30am-12:30pm Sunday: Closed

#### NORWOOD

Level 1, 11/168 The Parade, Norwood 5067

(08) 7089 8311

Opening hours Monday - Thursday: 9:00am-8:00pm Friday: 8:30am-10:00pm Saturday: 8:30am-5:00pm Sunday: 9:00am-5:00pm



#### Total GP Care Norwood welcomes two new GPs with a special interest and extensive involvement in Paedeatrics care

We are delighted to have Dr Scott Parsons and Dr Emma Wang join the Total GP Care team, as they both have experience working in children's emergency departments both in Adelaide and Melbourne, along with experience in General practice and Urgent Care.

Having both doctors based at our Norwood clinic, allows them access to our Total Urgent Care centre, giving them the flexibility to diagnose and treat a range of Padeatric illnesses, both acute and chronic.

If you have any concerns about your child's health, Dr Scott Parsons and Dr Emma Wang are available on Mondays, Wednesdays, Thursdays and Fridays.



#### Did you know we have Pathology and Radiology services onsite?

Total GP Care Norwood proudly has Clinpath Pathology and Mobile Radiology Australia onsite - with blood tests, ultrasounds and xrays being Bulk Billed for TGPC patients\*.

- Availability of Ultrasounds Monday, Wed, Fri 12-4pm.
- Availability of Xrays > Mon-Fri 12-4pm.

\*Note: gaps apply after hours and for non TGPC patients.

#### Would you like to learn about people's experiences with us?

If you would like to read about the experiences that our patients have with us in clinic, please head over to our **GOOGLE REVIEWS.** 

Alternatively, if you would like to share your experience with others online, or perhaps give a special 'shout out' to a doctor you would recommend, we would love to hear from you!



# **Staff Profile Highlights**



# DR 'MO' NASIR

Dr Muhammed Nasir, 'Mo' as her prefers to be named, grew up in Malaysia.

There, he watched many close relatives debilitating complications from multiple chronic illnesses which soon instilled his motivation.

Now as a GP, he further envisions to bridge the art and science of medicine closer together so to optimise patient outcomes.



#### **DR SCOTT PARSONS**

Dr Scott Parsons is a general practitioner with a special interest in paediatrics. His extensive experience includes over 10 years at Melbourne's Royal Children's Hospital in the emergency department.

Dr Scott specialises in paedeatric chronic disease, paedeatric acute Illness and injuries, and emergency care (including urgent care).



## DR EMMA WANG

Dr Wang has been working in various hospitals and clinics in and around South Australia for more than 8 years.

She has worked extensively in the emergency department at Lyell McEwin Hospital, Women's and Children's Hospital and several regional hospital Emergency departments.



## DR MOHD RIZAL

Dr Riz is an Australia trained GP who obtained his degree from Monash University, Melbourne.

He worked at The Queen Elizabeth Hospital and Lyell McEwin Hospital, gaining experience working in geriatric medicine, general medicine, respiratory and sleep unit, palliative care, rehabilitation, paediatrics, obstetric and gynaecology and emergency medicine.



## **DR DEVI RADHIKA**

Preferring to be called Radhika, she has nearly 20 years experience as a doctor. Radhika worked in Adelaide hospitals in various specialities including cardiology and women's health.

In addition to being a holistic GP, she has special interests in women's health, cardiology and children's health. Radhika is proficient in procedures and is an accredited provider of Mirena and Implanon insertion.



# **EMILY LEUNG**

Emily is one of our Registered Nurses and has an interest in paediatric immunisation, diabetes and chronic disease management.

Emily also has experience in acute medical care and is passionate about providing a high standard of healthcare to patients.



# If your medical issue is urgent, and you require immediate care, consider going to Total Urgent Care – located in our latest clinic in Norwood.

From minor illnesses to non-life threatening injuries and so much more, Total Urgent Care can treat all these areas, and potentially save you a long hospital visit.

We understand that things happen unexpectedly, that's why this is a walk-in clinic, so you can seek help when you need it, with minimal wait times. We do however also offer appointments, if you are concerned about something more urgent than waiting for your next GP appointment.

Best of all, Total Urgent Care has both Pathology and Radiology services onsite, where you can obtain extremely fast results, while in clinic, so that the experienced doctors on staff can determine the best course of treatment for you.

If you would like to learn more about Total Urgent Care, visit: www.totalurgentcare.com.au

### Need to make an appointment at Total GP Care?

**Call** one of our friendly team members on: (08) 8102 0992

#### **Book online** via our website: www.totalgpcare.com.au/booking/centres and select the clinic which you would like to make your appointment.

We look forward to helping you soon.

#### Information helplines

All Emergencies - 000 Adult Mental Health Service - 131 465 Alcohol & Drug Information - 131 340 Crisis Care - 131 611 CYH Parent Help Line - 1300 364 100 Domestic Violence - 1800 800 098 Lifeline - 131 114 Poisons Information - 131 126 Royal Adelaide Hospital - 7074 0000 Queen Elizabeth Hospital - 8222 6000 Lyell McEwin Hospital - 8182 9000 Modbury Hospital - 8161 2000 Flinders Medical Centre - 8204 5511

Total GP Care acknowledges the Kaurna people as the traditional custodians of the Adelaide region and that their cultural and heritage beliefs are still as important to the living Kaurna people today.